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Hyper: A Personal History of ADHD

Timothy Denevi

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Hyper: A Personal History of ADHD Timothy Denevi
The first book of its kind about what it's like to be a child with ADHD, *Hyper* is a "haunting narrative that explores the world's most scrutinized childhood condition from the inside out" (*Nature*) that also illuminates the history of how we came to medicate more than four million children today.

Among the first generation of boys prescribed medication for ADHD in the 1980s, Timothy Denevi took Ritalin at the age of six and suffered a psychotic reaction. Thus began his long odyssey through a variety of treatments. In *Hyper*, Denevi describes how he made his way to adulthood, knowing he was a problem for those who loved him, longing to be able to be good and fit in, and finally realizing he had to come to grips with his disorder before his life spun out of control. Using these experiences as a springboard, Denevi also traces our understanding and treatment of ADHD from the nineteenth century, when bad parenting and even government conspiracies were blamed, through the twentieth century and drug treatments like Benzedrine, Ritalin, and antidepressants. His insightful history shows how drugs became the treatment of choice for ADHD, rather than individually crafted treatments like the one that saved his life.

Thought provoking and deeply intelligent, this is a remarkable book both for its sensitive portrait of a child's experience as well as for its thorough exploration of a remarkably complex and controversial mental condition and its treatment. "There's much to be learned in *Hyper*, about pushing boundaries and respecting them, about parenting, and about the special kind of triumph that can come as a result of hard-earned self-knowledge. Denevi has written a book about a condition that has been studied for a long time, but, truly, it hasn't been talked about like this" (*BookPage*).

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Ellen Jones:

The experience that you get from Hyper: A Personal History of ADHD is the more deep you looking the information that hide into the words the more you get considering reading it. It does not mean that this book is hard to be aware of but Hyper: A Personal History of ADHD giving you excitement feeling of reading. The writer conveys their point in selected way that can be understood simply by anyone who read that because the author of this e-book is well-known enough. This specific book also makes your vocabulary increase well. That makes it easy to understand then can go with you, both in printed or e-book style are available. We recommend you for having this specific Hyper: A Personal History of ADHD instantly.

Eugene Obrien:

Reading a reserve tends to be new life style on this era globalization. With reading through you can get a lot of information which will give you benefit in your life. Having book everyone in this world may share their idea. Guides can also inspire a lot of people. Lots of author can inspire their particular reader with their story or perhaps their experience. Not only the story that share in the publications. But also they write about the information about something that you need illustration. How to get the good score toefl, or how to teach your young ones, there are many kinds of book which exist now. The authors nowadays always try to improve their expertise in writing, they also doing some exploration before they write to their book. One of them is this Hyper: A Personal History of ADHD.

Ruby Harris:

A lot of people always spent their free time to vacation or maybe go to the outside with them household or their friend. Did you know? Many a lot of people spent many people free time just watching TV, as well as playing video games all day long. If you wish to try to find a new activity this is look different you can read a book. It is really fun for you personally. If you enjoy the book that you read you can spent the whole day to reading a e-book. The book Hyper: A Personal History of ADHD it is rather good to read. There are a lot of people that recommended this book. We were holding enjoying reading this book. If you did not have enough space to bring this book you can buy the e-book. You can m0ore simply to read this book from the smart phone. The price is not to fund but this book possesses high quality.

David Trudeau:

Beside that Hyper: A Personal History of ADHD in your phone, it could possibly give you a way to get more close to the new knowledge or info. The information and the knowledge you may got here is fresh from your oven so don't become worry if you feel like an outdated people live in narrow community. It is good thing to have Hyper: A Personal History of ADHD because this book offers for your requirements readable information. Do you sometimes have book but you seldom get what it's interesting features of. Oh come on, that won't happen if you have this in the hand. The Enjoyable set up here cannot be questionable, such as treasuring beautiful island. Techniques you still want to miss the item? Find this book along with read it from

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