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The Quest for Authentic Power: Getting Past Manipulation, Control, and Self Limiting Beliefs

G Ross Lawford

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The prevailing view of power is defined by authority, control, strength, and status. But G. Ross Lawford argues that power based on this model is not only invalid but is short-lived, ineffective, and often illusory. The Quest for Authentic Power shows that by adopting new ways of thinking about power, individuals can achieve authentic power based on the ability to inspire.

The author suggests that real power is gained not by egogenerated thoughts but by integrating the capabilities of the mind with the wise direction of the heart. Drawing on spirituality, psychology, theology, and business practices, he illuminates his life-transforming theory: changing one's beliefs about power alters virtually every aspect of how one relates to situations and to people.

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