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Cómo revertir la diabetes: Descubra los métodos naturales para controlar la diabetes tipo 2 (Spanish Edition)

Don Colbert

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Una manera natural de tratar todo el cuerpo para controlar la diabetes tipo 2

¡Nueva dieta para reducir la cintura le AYUDA A PEDER PESO donde más importa!

Muchas personas ven la diabetes como una calle sin salida. Una vez recibe el diagnóstico, la única opción es tratar los síntomas con una dieta restringida, velar de cerca la presión sanguínea y costosos medicamentos. Sin embargo, es posible controlar y hasta revertir la diabetes tipo 2 por medio de remedios naturales, *Cómo revertir la diabetes* le muestra cómo.

Tomando como base los mismos principios transformadores que compartió en su libro y éxito de ventas del *New York Times, La dieta "Yo sí puedo" de Dr. Colbert, Cómo revertir la diabetes*--escrito específicamente para tratar la diabetes tipo 2--le lleva por el proceso de establecer un saludable estilo de vida física, mental y espiritualmente. Descubra cómo usar cambios en la dieta y en el estilo de vida junto con suplementos nutricionales para...

Tomar control de su vida y salud

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