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Stay Positive: A Beginners Guide to Staying Positive at Work

Jennifer Johnston

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Stay Positive: A Beginners Guide to Staying Positive at Work

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Stay Positive: A Beginners Guide to Staying Positive at Work Jennifer Johnston
This book contains proven steps and strategies on how to handle a situation with a positive mindset can make the issue seem easier to handle at work. It can even give you a lesson to learn or a new perspective to appreciate. And it might just make your corporate life more joyful than you could imagine.

Here’s an inescapable fact: We spent approximately over 9 hours a day in our offices or doing office work. It becomes important for us to ensure that we are positive and happy. This not only enhances our performance at work, but also keeps us in good mental health.

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