Google Drive



# Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1)

*Steven Strasnick PhD*

Download now

Click here if your download doesn"t start automatically

# Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1)

*Steven Strasnick PhD*

**Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1)** Steven Strasnick PhD
The **American Tao** books, of which **Meditation's Secret Treasure** is the first, are unlike anything you will read. They present the true story of what happened when a skeptical, spiritual neophyte sat down to begin a daily practice of meditation and somehow slid through a crack between worlds, ultimately ending up in a strange new psychic dimension of the Soul. Unbeknownst to him, he had been called. He had become the accidental mystic, a traveller of worlds.

In repeated visits over an extended period, the author experienced over seventy strange visions and apparitions. These led him on a journey across multiple realms and worlds, ultimately taking him into the celestial chambers of a mysterious white-bearded presence, where a final secret was revealed. The complete chronicle of these travels is presented in this series.

**And every bit of it is true!**

**You Will Learn:**

- The truth about meditation and the doors it can open, including not only how to do it but also how not to
- Revelations about the forms of spiritual being, including the many faces of the Soul and its hidden lives in other worlds
- The meaning of the mystic teachings in the Taoist classic, the **Tao-Te-Ching**, by Lao Tzu
- What it is like to experience the esoteric realms and transformational energies described by spiritual alchemists, including chakras and Kundalini-like events
- New techniques for uncovering the meanings hidden in your dreams and visions. You can use these to journal your own encounters
- How to use methods developed in **I Ching**, the **Chinese Book of Changes**, to chart the progress of your spiritual journey by matching its diagrams of energy patterns with the imagery in your visions and dreams
- The teachings of several other authentic spiritual explorers, including Ken Wilber (integral and transpersonal philosophy), Sri Aurobindo (integral yoga and Hinduism), Michael Harner (contemporary Shamanism) and C.G. Jung (theory of archetypes and collective unconsciousness)

As you can see, these books will take you considerably beyond where self-help books usually go. They will teach you not only about the nature of revelation but also the philosophy behind it. Due to the number and intensity of the visionary events, three books will be needed to complete the story. You will be able to witness the author's entire investigative process from beginning to end, as his story unfolds like a spiritual detective story in pursuit of a philosophical mystery.

**This Book Gets You Started**

This first book covers the initiation events of the first few weeks of the author's meditational experience, describing how visions tested and prepared him for more far-ranging travel and deeper revelations. It

presents everything meditation beginners need to start their own practice, while introducing the mystical teachings of Taoism.

**Topics include:**

- The author’s meditational methods, as well as a detailed discussion of their philosophical underpinnings
- The layered nature of the Self and the components constituting the experience of selfhood
- The phenomenon of emergence and its relationship to consciousness
- Jung’s concepts of the Anima and Animus
- The different types of visionary consciousness and the doors between realms
- The possibility of psychic precognition and whether meditation can help develop it
- Strange mystical events from the author’s past, including his childhood encounters with occult entities and his experience of the void
- The visits by mysterious Watchers who evaluated his practice, later leading to his first meeting with the Teacher, who was destined to accompany him on many of his visionary travels

Please click *Look Inside* for more details about the book.

**Download** Meditation's Secret Treasure: Awakening to the Mys ...pdf

**Read Online** Meditation's Secret Treasure: Awakening to the M ...pdf

**Download and Read Free Online Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) Steven Strasnick PhD**

---

**From reader reviews:**

**James Chavez:**

Here thing why this particular Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) are different and reputable to be yours. First of all studying a book is good nonetheless it depends in the content from it which is the content is as delightful as food or not. Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) giving you information deeper and different ways, you can find any e-book out there but there is no guide that similar with Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1). It gives you thrill examining journey, its open up your own eyes about the thing in which happened in the world which is might be can be happened around you. You can easily bring everywhere like in park, café, or even in your approach home by train. Should you be having difficulties in bringing the published book maybe the form of Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) in e-book can be your alternate.

**Lena Lewis:**

Spent a free time to be fun activity to perform! A lot of people spent their free time with their family, or their friends. Usually they accomplishing activity like watching television, going to beach, or picnic inside the park. They actually doing same every week. Do you feel it? Will you something different to fill your own free time/ holiday? May be reading a book can be option to fill your cost-free time/ holiday. The first thing that you ask may be what kinds of book that you should read. If you want to test look for book, may be the book untitled Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) can be good book to read. May be it might be best activity to you.

**Ramon Lopez:**

Your reading 6th sense will not betray anyone, why because this Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) guide written by well-known writer who really knows well how to make book that can be understand by anyone who also read the book. Written in good manner for you, leaking every ideas and composing skill only for eliminate your hunger then you still uncertainty Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) as good book not only by the cover but also through the content. This is one e-book that can break don't assess book by its include, so do you still needing one more sixth sense to pick this kind of!? Oh come on your reading sixth sense already said so why you have to listening to another sixth sense.

**Delmar Stingley:**

Beside this particular Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) in your phone, it could give you a way to get more close to the new knowledge or data. The information and the knowledge you can got here is fresh from your oven so don't become worry if you feel

like an older people live in narrow town. It is good thing to have Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) because this book offers to you readable information. Do you occasionally have book but you don't get what it's about. Oh come on, that would not happen if you have this within your hand. The Enjoyable agreement here cannot be questionable, such as treasuring beautiful island. Techniques you still want to miss the idea? Find this book along with read it from at this point!


## Download and Read Online Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) Steven Strasnick PhD #L0K4HIRUAJS

# Read Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) by Steven Strasnick PhD for online ebook

Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) by Steven Strasnick PhD Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) by Steven Strasnick PhD books to read online.

## Online Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) by Steven Strasnick PhD ebook PDF download

### Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) by Steven Strasnick PhD Doc

#### Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) by Steven Strasnick PhD Mobipocket

#### Meditation's Secret Treasure: Awakening to the Mystic World (American Tao) (Volume 1) by Steven Strasnick PhD EPub