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The word IKIGAI comes to us from Japan--land of the samurai, intense death-defying effort, masterful artistry, harmony with nature, and devoting yourself obsessively to a path.

Ikigai's closest meaning is *raison d'être* in French--what one lives for, what makes your life worth living, why you inhale and exhale each breath.

But Ikigai goes further than that, to the point where your passions and obsessions can consume you ... think of the artist or inventor all-consumed by his work, the boxer who lays his body and mind on the line in every fight, or the gardener whose mind is perfectly still among his creation.

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In a series of essays on philosophy, history, strategy, planning, and achieving, this book is about living purposefully and with meaning.

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