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Blood Glucose Monitoring Log: Record Your Blood Sugar Levels, Up to 6 times/daily for an Entire Year in this Journal (Sunflower Health Series) (Volume 2)

Karen R. Delaporte

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Monitor blood glucose and record blood sugar numbers in this one-year journal. Space is provided for up to six times per day: Breakfast, Mid-morning, Lunch, Mid-afternoon, Dinner, and Nighttime. Record adjustments made/meds taken. Record Vitals - including blood pressure, temperature, height, weight, pulse, oxygen level in blood. Customizable charts included, as well as space to jot down questions/results of doctor appointments.

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