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10 Smart Money Moves For Women : How to Conquer Your Financial Fears

Judith Briles

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Are you ready to become financially confident? To feel comfortable making decisions about investments? To overcome your fears about spending, saving, and retirement? With just *10 Smart Money Moves* . . . from acclaimed financial expert Dr. Judith Briles, you can! A stable and secure financial future is every woman's right, yet most women doubt they have the time, ability, or knowledge to manage their money effectively. Now, in ten simple steps, any woman can get started on the road to a lifetime of financial fitness. For wonen who want to achieve greater financial freedom and overcome the anxiety and fear that often impair money-related decision-making abilities, *10 Smart Money Moves for Women* offers caring, constructive information on becoming financially savvy and planning for the years ahead. Author Judith Briles presents an easy-to-follow, ten-part program that provides solutions for conquering the deep financial fears shared by many--such as the fear of losing everything, the fear of looking stupid, and the fear of following the guidance of the wrong advisers--and then offers practical advice and simple, effective tips for creating and maintaining a realistic financial plan for a prosperous financial future. Brimming with helpful self assessment quizzes and questionnaires designed to help you analyze your financial concerns and improve your financial savvy, *10 Smart Money Moves for Women* covers basic money management issues like budgeting, goal setting, spending, and saving. Plus, detailed information on identifying insurance pitfalls; understanding stocks, bonds, and mutual funds; and planning for retirement through 401(k)s, IRAs, and other savings plans will arm you with the knowledge you need to feel strong and confident when making your next (or your first!) investment decision. Nine out of ten women will be solely responsible for their finances at some point in their lives. Because no one knows what uncertainties the future may hold, set your mind at ease by preparing and planning for your prosperous and stable financial future today! **About the Author** Dr. Judith Briles is a nationally recognized expert on women's financial issues. She conducts workshops on money-related topics and is the author of several other books on finance, including *The Dollars and Sense of Divorce*. Briles is based in Denver, Colorado.

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