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Vins & Cuisine: L'art de la table moderne (French Edition)

M José Duarte

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L’homme depuis toujours à œuvrer pour améliorer l’art de la table pour la satisfaction, plaisir et la santé des Hommes. En associant le sucré ou le salé Les livres de cuisine sont devenus la mémoire de toutes les époques, dés le 11e millénaire avant notre ère, en Mésopotamie aujourd’hui Irak, on mentionne des écrits sur les tablettes en caractères cunéiformes mentionnaient des recettes, En Grèce vers 330 avant notre ère. Des poèmes d’Archéstrate (le premier gastronome à étudier les aliments) évoquaient l’art de bien manger dans le " symposium". Dans la Roma du 1er siècle Apicius inventait de recettes parfois extravagantes, écrites dans l’ouvrage De re COQUINARIA ouvrage du IVe siècle. Aujourd’hui quelques recettes sont prises par certains cuisiniers rechercheurs du savoir-faire ancestrales. Chaque époque a contribué par le progrès de la gastronomie, les grands Chefs cherchent toujours des enseignements des époques passées. Le savoir faire des nôtres ancêtres sont bien présents dans la cuisine moderne. Ce livre est la continuité d’une philosophie du partage dans lequel l’auteur mélange les connaissances d’une mondialisation chaque fois plus présente dans l’art de la table. L'auteur vous fait voyager dans la découverte de l'art de la table à travers des autres cultures en faisant de son expérience, moments de réflexion sur les diverses formes d'accueil et service actuel. En laissant le lecteur livre de ses pensées et créativités, le partage de connaissances reste pour l'auteur une règle d'or à advenir pour toutes les personnes que souhaitent pratiquer la perfection. L’altruisme est une aptitude de grande démarche Citation de José Duarte

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