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Don't Smile at the Monkeys: Seven Rules Women Need to Survive and Thrive in the Corporate Jungle

Jennifer Thomé

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Don’t Smile at the Monkeys draws on the latest research in evolutionary psychology, sociology, biology, management studies and countless interviews with leading female executives to distill the real rules of the workplace and teach women how to successfully utilize their inherent strengths and talents to go from surviving to thriving in the corporate jungle. Among the topics covered in this book are: • the difference between how men and women think and act in the workplace • how women limit themselves by blindly following the rules • the secrets of communicating with confidence, and new insights on mastering the art of body language • why taking care of herself should be every woman’s top priority, how being selfish can lead to greater success, and how playing nice can ruin her health • methods for building a powerful professional network and managing up, down, and in all other directions • tips for dressing professionally and avoiding wardrobe mistakes that can sabotage her career • gaining influence by discovering and addressing people’s primal needs While the book draws heavily on scientific research and off-the-records talks with leading businesspeople, Don’t Smile at the Monkeys is a light and humorous read that deals with the daunting realities women face in the corporate workplace in a fun and reassuring way. It offers straightforward advice on making small but significant changes to help women avoid the many professional pitfalls they will encounter, and accelerate their professional career success.

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