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Routledge Handbook of Global Mental Health Nursing: Evidence, Practice and Empowerment (Routledge International Handbooks)

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Psychiatric disorders have consistently been identified as serious and significant global burdens of disease, yet meeting the needs of people in mental distress has not often been a priority in health care. This important reference work sets out the knowledge base for understanding the state of mental health care globally, and translating that into effective practice.

The *Handbook* provides a historical and contemporary context of mental health care, identifies and discusses evidence-based standards of care and strategies for mental health promotion and explores the need to deliver care from interdisciplinary and community-based models, placing these imperatives within a human rights and empowerment framework. It is made up of four core sections which look at:

- Key and emerging issues that affect global mental health practice and research, including the social context of health;
- Evidence-based health promotion strategies for major areas of practice internationally;
- A range of country studies, reflecting different problems and approaches to mental health and mental health care internationally; and
- What constitutes empowering practice.

The only comprehensive work looking at global perspectives on mental health nursing, this is an invaluable reference for all students, academics and professionals involved in mental health research with an interest in global or cross-cultural issues.

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