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Raising Responsible, Emotionally Mature Children: Skills for LDS Parents

Ph.D., Roger K. Allen

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Raising Responsible, Emotionally Mature Children: Skills for LDS Parents Ph.D., Roger K. Allen Parenting is tough and mistakes made in a moment can take years to repair. However, you love your children, so learning the skills of effective parenting will be the most worthwhile venture you ever pursue. Roger K. Allen, Ph.D., has studied family relationships for over thirty years and developed a time-tested set of tools to help parents succeed in raising responsible, emotionally mature children. Replete with examples and case studies, his must-read guide gives you concrete strategies you can immediately put into practice. We know that good communication is at the heart of a healthy family. But so often our natural tendencies are to either over control or cave-in and overindulge our children. Either way, our children either fail to learn from their experiences or grow in emotional maturity and self-responsibility. Dr. Allen will teach you a set of skills to establish loving authority in your home, put an end to conflict and power struggles, and communicate with your children (from toddlers to teens) in ways that solve problems, build trust, enhance self-worth, and help your children learn personal responsibility. Are you ready to start the journey?

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