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Live Big Not Ugly: Bruce Pitcher Ignites The Day (The Big Uglies)

Bruce Pitcher, Reji Laberje

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As featured in "The Big Uglies" by Bob Brenner. Enjoy this "Live Big-Not Ugly" chapter excerpt by Bruce Pitcher. A survivor of abuse, Bruce has become the picture of, not just recovery from tragedy, but triumph over it. He was featured on ABC's “Extreme Weight Loss” (Season 4) and has since become extremely passionate about helping people live their dreams to the fullest! He encourages people to love life and get pumped. Bruce Pitcher and friend, Bob Brenner, are successful trainers, coaches and motivational speakers living, working, and serving in the Denver area. "When football went away, everything else did too."

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