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Ergonomic Checkpoints: Practical and Easy-To-Implement Solutions for Improving Safety, Health and Working Conditions

International Labor Office

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Fully revised and expanded, this new edition of the highly successful Ergonomic Checkpoints is aimed at reducing work-related accidents and diseases and improving safety, health, and working conditions. Building on the wealth of experience of practitioners in applying these checkpoints, the second edition features revised text, additional checkpoints, and new, full-color illustrations.

The manual presents 132 realistic and flexible solutions to ergonomic problems applicable across a whole range of workplace situations, including

• Materials storage and handling

• Hand tools

• Machine safety

• Workstation design

• Lighting

• Premises

• Control of hazardous substances and agents

• Welfare facilities

• Work organization

Each of the illustrated checkpoints indicates an action, why it is necessary, and how to carry it out and provides further hints and points to remember. A template checklist is also included, which can be adapted to individual workplaces. The manual is designed for use by all who are concerned with creating a better workplace.

Prepared by the International Labor Office in collaboration with the International Ergonomics Association

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Sondra Spencer:

Playing with family within a park, coming to see the ocean world or hanging out with buddies is thing that usually you may have done when you have spare time, and then why you don't try matter that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Ergonomic Checkpoints: Practical and Easy-To-Implement Solutions for Improving Safety, Health and Working Conditions, you could enjoy both. It is good combination right, you still need to miss it? What kind of hang-out type is it? Oh can happen its mind hangout people. What? Still don't have it, oh come on its named reading friends.

Jose Gower:

In this age globalization it is important to someone to receive information. The information will make a professional understand the condition of the world. The fitness of the world makes the information easier to share. You can find a lot of referrals to get information example: internet, paper, book, and soon. You will see that now, a lot of publisher which print many kinds of book. Often the book that recommended for you is Ergonomic Checkpoints: Practical and Easy-To-Implement Solutions for Improving Safety, Health and Working Conditions this book consist a lot of the information on the condition of this world now. This book was represented how can the world has grown up. The vocabulary styles that writer use to explain it is easy to understand. The writer made some study when he makes this book. That's why this book suited all of you.

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