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A Different Joy: the Parents' Guide to Living Better With Autism, Dyslexia, ADHD and more...

Sarah-Jane Critchley

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A Different Joy: the Parents' Guide to Living Better With Autism, Dyslexia, ADHD and more... Sarah-Jane Critchley
Delight in the company of your amazing child, secure in the knowledge that you know what you need to help you support them into an independent future where they can feel happy and fulfilled and how to get it. Are you worried, fearing for your child's future, knowing how very vulnerable they can be? Are you scared of diagnosis, alarmed by terrifying visions of what their future might be and frustrated by judgemental family and friends who don't understand how hard it can be? Are you exhausted by coping, unsure how to help them best and paralysed by your own uncertainty? Learn how to be a stronger, better informed and more joyful parent, whatever your situation. Revel in the things that make your child different whilst developing supportive and helpful relationships with your child's educators. Build an enviable future together with your child. A gem of a book that sparkles, supports and polishes to a gleam your ability to be the well informed, calm, happy and resourceful parent your amazing child needs you to be. For your sake and for theirs. Learning to love imperfection can be truly liberating! If you enjoy feeling better and more capable at the end of a book than at the beginning, then this is the book for you. 'As a small package can contain a very valuable present, this is a small book that contains valuable information for parents. The descriptions, explanations and strategies are clear and perceptive such that this is the 'go to' book for parents and grandparents. I especially appreciated the positive attitude and emphasis on the abilities and qualities of children who have autism.' - Tony Attwood - author of The Complete Guide to Asperger Syndrome “In this wonderfully positive and insightful book, Sarah-Jane Critchley looks in depth at issues that parents of children with special educational needs (SEN) face. Unlike other books which can be overly academic and impenetrable, this book is full of real life examples and practical advice. As a parent of children with SEN herself, Sarah-Jane is a very credible guide through the complicated world of special needs. She isn't just a professional in the field, she has lived it. Here she shares lessons learned and strategies that have helped in a way that encourages and supports but never preaches or patronises. What is comforting about this book as it takes the emphasis off of trying to be 'a perfect parent". Bringing up a child with special needs is often trial and error, and Sarah-Jane is refreshingly honest about strategies and approaches that have worked for her as well as outlining times when things haven't worked out. I know a lot of parents will take great comfort from this.” Dean Beadle - International lecturer in Aspergers Syndrome "Life is messy..., Sarah-Jane Critchley's 'A Different Joy' is offering both practical and personal resilience for turning messy into 'mess-tastic.'" Jennifer Cook O'Toole, author of Asperkids. Don't let another day go by without taking the first step by getting your copy of 'A Different Joy'.

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