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Four Seasons: A Year of Italian Food

Manuela Darling-Gansser

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Four Seasons: A Year of Italian Food Manuela Darling-Gansser
This edition is in American measurements.
A seasonal exploration of Italian cookery with mouthwatering recipes and photographs. Manuela Darling-Gansser's journey across Italy reveals authentic recipes made from ingredients according to the seasons. Like its landscape, Italy's food is of enormous variety, changing greatly with the seasons and geography. Marvelous ingredients, such as local vegetables and fruits, fresh herbs, rich spices, and exquisite cheeses are magically combined to produce memorable dishes including pastas such as Pappardelle with Duck Ragout, Ricotta and Spinach Gnocchi, and Ditali with Spring Vegetables, to stylishly simple seafood and meat dishes like Swordfish Kebabs, Grilled Mussels, Turkey with Chestnut Stuffing, and Rolled Lamb with Asparagus. Along with gorgeous risottos, pizzas, salads, and snacks, Manuela also reveals delectable desserts such as Chocolate Truffle Cake, Cannoli, and Marsala Ice Cream. Drawn from travels to Costa Smeralda, Lugano, Piemonte, the Swiss Alps, and Sicily, Manuela's recipes are a collection of her favorites from each of these fascinating places. Divided into four chapters—one for each season—this collection of authentic Italian recipes is sure to become a staple in the kitchen.

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