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Self-Harm: The NICE Guideline on Longer-term Management (National Clinical Guideline)

National Collaborating Centre for Mental Health (section of the Royal College of Psychiatrists).

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People who self-harm are much more likely to commit suicide than the general population.
Guideline aims to improve the longer-term care of people who self-harm after initial treatment of the injury or poisoning.
Sets out clear recommendations for healthcare staff (based on the best available evidence) on how to manage both single and recurrent episodes of self-harm.
The guideline reviews the evidence for comprehensive assessment, psychosocial and pharmacological interventions for both the self-harm and for any associated psychiatric conditions,
Commissioned by the National Institute for Health and Clinical Excellence (NICE).
The CD-ROM contains all of the evidence on which the recommendations are based, presented as profile tables (that analyse quality of data) and forest plots (plus, info on using/interpreting forest plots).
This material is not available in print anywhere else.

Readership

Primarily, all healthcare professionals in secondary care (both hospital medical care and mental health services). Secondarily, general practitioners (family doctors).

Related titles

RCPsych Publications have co-published all other titles in this series, recent guides include: Psychosis with Coexisting Substance Misuse (ISBN 9781908020307), Common Mental Health Disorders (ISBN 9781908020314), and Alcohol Use Disorders (ISBN 9781904671268).

RCPsych Publications is the publishing arm of the Royal College of Psychiatrists (based in London, United Kingdom), which has been promoting excellence in mental health care since 1841. Produced by the same editorial team who publish *The British Journal of Psychiatry*, they sell books for both psychiatrists and other mental health professionals; and also many written for the general public. Their popular series include the *College Seminars Series*, the NICE mental health guidelines and the *Books Beyond Words* series for people with intellectual disabilities.

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