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How To Get Your Shine On: From The Inside Out (How to Change Your Life)

Ivan Campuzano

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Are you stuck in a life you don't find fulfilling ? If so, you need to read this book because it offers practical solutions that address the causes of why we sabotage ourselves whenever we try to accomplish any of our goals.

Don't let its size fool you. This book is written in a way to provide life changing insights, without overwhelming you with too much information.

This short guide can help you achieve what you truly desire. All personal growth comes from a place of knowing thyself, so it doesn't matter what program, gimmick, get rich quick scheme, or "how to book" you have tried, nothing will ever give you the results you would like unless you realize your True Self.

This book is meant to assist you on your journey of accomplishing both internal (psychological) and external (material) freedom. External material wealth without inner peace will eventually leave you unfulfilled, because in the end what we are all truly after is non-material spiritual meaning.

We truly live in exciting times, where our technology can be leveraged to help us accomplish almost anything we can think of. Don't wait to change your life...waiting is a waste of time...the only time is NOW!

Some of what you will learn:
-- How you think determines everything….
-- How to become conscious of your thought process in order to properly think….
-- How to make many friends and become influential….
-- How to come up with and spread your ideas…..
-- How your mind keeps you from living in the present....
-- How to live in the present moment…..
-- How to increase your self-awareness to be able to live a joyful and conscious life …
-- How to find your deeper purpose….
-- How to uncover your unconscious tendencies that cause all your suffering...
-- How to program your subconscious mind through meditation...
-- How to develop your own unique style….
-- How to change your beliefs and mind state….
-- How to create your own reality
-- How to remove fear, doubt, and limitation…..

Here is what people are saying....

"It is incredibly refreshing to run into content on the internet that provides so much value and benefit. My life has been changed by reading personal development literature of all sorts, so when I saw Ivan's work, I was intrigued by his systematic process and decided to purchase. Since I have read his e-book "Get Your Shine On" I have been able to step up my awareness and have been in hyper-drive in my creation and manifestation. Ivan, keep up the great work. I can't wait to see what your next work is going to be about!" –

Demetrios Tzortzis

“Hi Ivan, Your eBook is I-N-C-R-E-D-I-B-L-E! ’Get Your Shine On’ is the best self-help book I’ve read in the last two years, and I’ve read at least 50 within this time. I mean ‘Chapter 4: Researching The World You Want’ was the highlight of it for me. I stopped reading motivational books 12 months ago. But your eBook has got me believing again!” - Ronald Nzimora

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