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Louis: My Story so Far

Louis Smith

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Louis: My Story so Far Louis Smith
Illustrated memoir of Olympic heartthrob and STRICTLY COME DANCING winner, Louis Smith.

In 2008, Louis Smith was the first Briton in over 100 years to win an Olympic medal in individual gymnastics. In 2012 he followed up that triumph with two more. Since then, Louis has been crowned the winner of STRICTLY COME DANCING with his partner Flavia and he is now setting his sights on designing his own clothing range. Now you can follow him backstage to see what it is like to be one of the UK's hottest new stars.

Louis was brought up by his mum in Peterborough and ever since he could walk he wanted to run. He was diagnosed with ADHD and needed a positive outlet for his energy so on his fourth birthday he began gymnastics classes. His strength, flexibility and talent were spotted almost immediately and so began the early starts, the late finishes and the weekends spent in the gym. Louis won his first medal at 14 and all the hard work and financial sacrifice were put into perspective. Louis wanted to win and represent his country at the Olympics. From that point, there was no looking back.

Here, in his own official book, Louis tells the story of his amazing journey in full. Beautifully designed and jam packed full of exclusive unseen photos of Louis on and off the gymnastics and dance floors, plus private captured moments, the incredible story of Louis's rise to fame is a must-have for any true fan and the perfect gift for Christmas.

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