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Peace: The Other Side of Anger

Dave Wolffe

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Peace: The Other Side of Anger: Helping Teens with Anger Management will help you understand the causes of adolescent anger, the trigger points, typical responses and attitudes. You'll discover how to help teens express anger in positive ways and practice anger management techniques. Through extensive work with nearly 1000 young adults via the Anger Management Power Program, Dave Wolffe has created ways for adolescents to change their behavior proactively. This book is intended for parents, educators, school counselors and social workers.

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