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Kids Basketball: Teach Your Child How To Play Basketball

James Washington

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Teach Your Child How To Play Basketball is an easy way to introduce your love for basketball, or a creative way to have an active environment for family fitness, this book will get you started. This book is targeted for young children up to age 4 or 5. James and the boys demonstrate how to have fun, get exercise, bond, and learn some basic basketball skills.

This picture book shows 10 fun exercises that you can do with your child to help them learn the basics of basketball. The author and his sons show you how to do it with clear, easy to follow steps. Here are the 10 exercises in the book:

Exercise # 1 Standing and Holding the Ball
Exercise # 2 Above the Head
Exercise #3 Dropping and Catching
Exercise # 4 The Dribbling Stance
Exercise # 5 Sit DOWN Smack DOWN
Exercise # 6 Finger Tip One
Exercise # 7 Fingertips 2
Exercise # 8 Finger Tips 3
Exercise # 9 Finger Tips 4
Exercise # 10 Whole Hand

What others are saying about the book:

"The book is really heartfelt! I am impressed."

"From an experienced coach comes this cool, balanced, no-pressure way to teach your child basketball - and enjoy fun moments with the youngsters in your family or neighborhood.

The 10 deceptively simple exercises will take barely 30 minutes to do - but can get children so intimately engaged with the basics of playing basketball that it will set the tone for the rest of their training."

"LOVED the little book - and the gorgeous photos of your boys!"

"How to play basketball for kids, is a great way to focus fun and fitness without it being complicated."

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From reader reviews:

Eric Fincher:

Book is to be different for each and every grade. Book for children till adult are different content. To be sure that book is very important for us. The book Kids Basketball: Teach Your Child How To Play Basketball seemed to be making you to know about other information and of course you can take more information. It doesn't matter what advantages for you. The e-book Kids Basketball: Teach Your Child How To Play Basketball is not only giving you considerably more new information but also being your friend when you truly feel bored. You can spend your spend time to read your reserve. Try to make relationship together with the book Kids Basketball: Teach Your Child How To Play Basketball. You never feel lose out for everything in the event you read some books.

Melvin Lucero:

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Ruben Jenkins:

Spent a free time and energy to be fun activity to accomplish! A lot of people spent their down time with their family, or their friends. Usually they undertaking activity like watching television, going to beach, or picnic within the park. They actually doing same every week. Do you feel it? Do you need to something different to fill your own personal free time/ holiday? Might be reading a book is usually option to fill your no cost time/ holiday. The first thing you ask may be what kinds of reserve that you should read. If you want to try out look for book, may be the e-book untitled Kids Basketball: Teach Your Child How To Play Basketball can be good book to read. May be it could be best activity to you.

Raymond Murray:

Reading can called imagination hangout, why? Because while you are reading a book specifically book entitled Kids Basketball: Teach Your Child How To Play Basketball your mind will drift away trough every dimension, wandering in each aspect that maybe unfamiliar for but surely might be your mind friends. Imaging just about every word written in a book then become one web form conclusion and explanation this maybe you never get ahead of. The Kids Basketball: Teach Your Child How To Play Basketball giving you an additional experience more than blown away your mind but also giving you useful information for your

better life with this era. So now let us teach you the relaxing pattern here is your body and mind is going to be pleased when you are finished studying it, like winning a game. Do you want to try this extraordinary paying spare time activity?

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