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Fish Cookbook

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Fish Cookbook

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Fish Cookbook C. J. Jackson
This title shows you how to buy, prepare and cook the best sustainable fish and seafood from around the world. Fried, steamed, poached or baked, we are a nation of fish lovers and the "Fish Cookbook" is the ultimate guide to making the most delicious seafood dishes. With over 300 inspiring recipes, the detailed step-by-step sequences explain every preparation and cooking technique to help you cook all types of fish and crustacean from sea bass to snapper and monkfish to mussels. Take a journey around the globe by creating classic fish dishes such as New England Clam Chowder and Thai Fish Cakes or choose one of the 200 further recipes written with today's time-pressed cook in mind using quick, simple methods and readily available ingredients. Advice on sustainability will also help you make environmentally conscious choices at the fish counter. There is an amazing photo gallery of over 200 varieties of fish and seafood that completes the "Fish Cookbook" making it the essential encyclopedic guide on the edible fishes of the world and perfect for every keen cook.

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